

## Placenta Encapsulation Contract

"Placenta encapsulation is the act of taking a fresh placenta steaming or slicing the placenta raw, dehydrating, grinding and putting the placenta powder into consumable capsules. All processes are done with respect of that placenta and in a sanitary environment. Lancaster Doulas LLC adheres to strict OSHA guidelines and follows proper food safety standards. The placenta capsules that are being prepared are for your (owner of the placenta) consumption only and are not designed to reverse medical conditions or ailments from pregnancy, to treat postpartum depression, to ensure normal milk supply or to replace medical attention. Lancaster Doulas LLC are NOT licensed medical professionals such as a care provider or physician and Lancaster Doulas LLC is not able to diagnose, treat or prescribe for any health condition. All fees are for the service of encapsulating your placenta, not for the sale of the capsules. Each woman will react to her placenta capsules in different ways. Some of the ascribed benefits of placenta consumption are supported by ongoing research, however these benefits have not been evaluated or approved by the United States government or the Food and Drug administration. It is your responsibility to determine whether using placenta capsules can be beneficial to your wellbeing postpartum.

(Client's Initials)

Client Responsibility

It is your responsibility to notify Lancaster Doulas LLC within 24 hours of the birth so that we can work together to make arrangements. (please give extra consideration to major holidays) Failure to do so may result in delayed placenta preparation and encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta. Improper storage of the placenta may result in spoilage. It is your responsibility to discuss release of your placenta from the facility where you will give birth during the prenatal period and to ensure proper storage of your placenta in a refrigerator or cooler with ice.

(Client's Initials)

It is also your responsibility to inform Lancaster Doulas LLC of any known blood borne illness (es) or other health issues (such as HIV, hepatitis, MRSA, etc.) that could place Lancaster Doulas LLC or any others who may come in contact with your bodily fluids (specifically maternal and fetal blood as well as amniotic fluid) at risk. Some specific sexually transmitted diseases such as Hepatitis, herpes or HIV may preclude Lancaster Doulas LLC from offering placenta encapsulation.

(Client's Initials)

## **Lancaster Doulas LLC Responsibility**

Include maintaining client confidentiality, committing to completing the encapsulation process within 72 hours of starting (usually within 36-48 hours), and upholding the highest standards of cleanliness, safety, and quality of professional placenta preparation services.

(Client's Initials)





It is important to understand that there may be circumstances in which your placenta cannot be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending your placenta to Pathology for further examination. Once the placenta has been released to Pathology, Lancaster Doulas LLC will not be able to encapsulate it without an additional waiver. Other conditions, such as signs of infection in the mother during labor, may mean that consuming your placenta could be harmful to your health. Lancaster Doulas LLC will always consult with you prior to making a choice on whether or not your h may your

| placenta is viable for ingestion. It should be important that you let Lancaster Doulas LLC affect the health of your placenta or the health placenta. (Client's Initials)   | C know if you hav                          | e any health concerns or conditi     | ons which may |
|---|--|--------------------------------------|---------------|
| (Client's initials)   |  |                                      |               |
| Refunds   |  |                                      |               |
| In the event your placenta is unavailable to  | you (ex. sent to f                         | Pathology and not released) or if    | your placenta |
| has been contaminated with a bacterial infeshifts in lieu of encapsulation. Please see contaminated with a bacterial infeshifts in lieu of encapsulation. Please see contaminated with a bacterial infeshifts in lieu of encapsulation. | ection, we will be                         | happy to offer two 4-hour postpa     | •             |
| I have read, understood, and agreed to the possession of my placenta, and notifying me the importance of appropriate handling and Doulas to prepare my placenta for my own  | ny placenta special<br>I storage of the pl | alist within 24 hours of my birth. I | understand    |
| Client Name Printed   | _  | Estimated Delivery Date              |               |
| Client Signature  | _  | Date of Contract                     | -             |
| Address   |  | Phone number                         | -             |
| Client Signature Disclosing STD panel   | Neg/Pos                                    | Date of disclosure                   |               |
| Price for Encapsulation is \$300 Price per Tincture is \$50   |  |                                      |               |
| Price per Palm is \$50  |  |                                      |               |

Price for Placenta Print is \$40

Please Mail Contract and Payment to: Lancaster Doulas LLC, 2706 Royal Road, Lancaster PA 17603